



National Association for
College Admission Counseling
Guiding the way to higher education

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Books for Parents of College-Bound Students

The admission counselors, high school counselors, and other professionals on the NACAC e-mail list recommend the following books for parents of college-bound students:

- **Letting Go: A Parent's Guide to Understanding the College Years** by Karen Levin Coburn and Madge Lawrence Treeger. Written by a college dean and a psychotherapist, this book was mentioned the most by NACAC members
- **When Your Kid Goes To College** by Carol Barkin. The author decided to write the book after sending her son off to college. She interviewed parents around the country to get their perspectives on the college transition
- **Almost Grown: Launching Your Child From High School to College** by Patricia Pasick
- **Empty Nest, Full Heart: The Journey from Home to College** by Andrea Van Steenhouse. Practical advice from a Mom and Ph.D.
- **Don't Tell Me What To Do, Just Send Money: The Essential Parenting Guide to the College Years** by Helen E. Johnson and Christine Schelhas-Miller
- **Campus Daze** by George Gibbs
- **The College Guide for Parents** by Charles Shield (Published by the College Board)

Written by Jennifer Gross.

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