

EACH ATHLETE IS EXPECTED TO **COMMUNICATE RESPONSIBLY** WITH THE FALCON CROSS COUNTRY COACHING STAFF! ATHLETES INVOLVED IN ADDITIONAL EXTRA CURRICULAR ACTIVITIES MUST **ATTACH SCHEDULES** FOR THOSE ACTIVITIES AND LIST ANY POSSIBLE CONFLICTS WITH THE CROSS COUNTRY PRACTICE AND COMPETITION SCHEDULE BELOW. IT IS THE DECISION OF THE COACHING STAFF THAT CROSS COUNTRY ATHLETES WILL NOT BE PERMITTED TO PARTICIPATE IN ANY OTHER CPHS SPORT WHILE ON THE TEAM.

In addition to noting them below,

YOU MUST PERSONALLY MEET WITH AND VERBALLY DISCUSS ALL POTENTIAL CONFLICTS WITH CHRISTINA!!!

Activity #1: _____

Dates and Times _____

Possible Conflicts with Cross Country Schedule that **you must personally discuss with CHRISTINA:** _____

Activity #2: _____

Dates and Times _____

Possible Conflicts with Cross Country Schedule that **you must personally discuss with CHRISTINA!** _____

SAT, PSAT, ACT, or other testing dates: _____
